

“The Fabulously Brilliant Flexible and Comprehensive Plan for
Raising Independent Children
Who Will Be Able to Take Care of Themselves as Adults
and Be Able to Have a Family of Their Own”

List by Merrilee Boyack 2005 ~ * added by Heather Smith 2015

3 YEARS OLD

- Dress self
- Toilet trained
- Beginning brush teeth
- Pick up toys
- Say prayers
- Sing Primary Songs*

4 YEARS OLD

- Brush teeth
- Make bed
- Make own breakfast
- Make sandwiches
- Beginning to clean room
- Shine glass tables
- Unload dishwasher

5 YEARS OLD

- Straighten room
- Vacuum
- Empty garbage cans
- Set table
- Clear table
- Make own lunch
- Memorize phone/address
- Take shower

6 YEARS OLD

- Dusting
- Load dishwasher
- Empty dishwasher
- Clean sinks
- Run microwave
- Water plants
- Make & answer phone calls
- Get allowance

7 YEARS OLD

- Wash dishes
- Floss teeth
- Clean toilets
- Pull weeds
- Savings account
- Read with comprehension
- Read the Book of Mormon
Scripture Stories *

8 YEARS OLD

- Grooming nails & hair
- Get up by himself
- Team sport or club
- Personal talent
development
- Clean mirrors
- Read scriptures daily
- Care for pet
- Do hair
- Begin piano lessons
- Baptism

9 YEARS OLD

- Mop floor
- Bake cakes
- Bake cookies
- Read scriptures daily
- Emergency prep
- Learn first aid
- Wash car
- Vacuum interior of car
- Hammer nails
- Saw wood
- Cook vegetables
- Write letters
- Understands puberty & sex
- Learn to type*
- Use e-mail
- Use internet (filtered!)

10 YEARS OLD

- Do own laundry completely
- Set personal goals
- Musical instrument
- Maintain personal journal
- Exercise program
- Clean stove
- Clean oven
- Make several salads
- Basic nutrition
- Plant plants
- Know articles of faith
- Write creative writing
- Write in cursive*
- Wrap presents
- Sew buttons
- Learn to code*

11 YEARS OLD

- Clean refrigerator
- Clean cupboards
- Straighten drawers
- Straighten closets
- Bake pies
- Bake bread
- Make several main dishes
- Meal planning
- Mow lawn
- Use weed-wacker
- Garden maintenance
- Use a camera
- Learn to crochet
- First aid training
- Babysitting class
- Plant care
- Receive Faith in God Award*

12 YEARS OLD

- Prepare for & receive Youth Temple Recommend*
- Shop for clothing
- Basic fashion awareness
- Wardrobe planning
- Ironing
- Develop reading program
- Read newspaper
- Public speaking (Give a Sacrament Meeting Talk*)
- Index Family History Names*
- Weight control habits
- Keep personal calendar
- Understand basic filing
- Read the Book of Mormon
- Priesthood or Young Women's
- Baptisms for the Dead*
- Paint interior/exterior house
- Babysitting
- Mending
- Clean windows

13 YEARS OLD

- Sew simple items
- Shopping & sales
- Bargain hunting
- Party planning
- Has own recipe files
- Grocery shopping
- Arrange for own haircuts
- Simple budgeting
- Order something on internet
- Understand & Use Debit Card
- Use ATM
- Certify for CPR
- Learn different dances*
- Type without looking
- Understand prescriptions
- Learn meat-handling rules
- Learns etiquette rules

14 YEARS OLD

- Basic interior decorating
- Food storage basics
- Learn about make-up (girls!)
- Identify business skill to get
- Teach Lessons for FHE from Preach my Gospel*
- Memorize Seminary scriptures
- Make/keep dentist appt.
- Make/keep doctor appt.
- Learn basic civics & politics
- Sew hems

15 YEARS OLD

- Thorough car detailing
- Change flat tire
- Basics of car operation
- Structural household repairs
- Clean garage
- Sell items on the internet
- Memorize S.S. number

16 YEARS OLD

- Get driver's license!
- Fill car with gas
- Check fluids in car
- Arrange for car insurance
- Understands credit cards
- Resume preparation
- Interviewing
- Career planning
- Household repairs
- Checking account
- File tax return
- Use cell phone (they pay for it!)
- GET A JOB!!!

17 YEARS OLD

- Help pay household bills
- Learn interest, debt, securities
- Accompany parent to vote
- Landscape planning
- Assist in purchase of car
- Deal the auto mechanic
- Receive Young Women Recognition*
- Receive Eagle Scout*
- Receive Duty to God Award*

18 YEARS OLD

- Spontaneously quotes scriptures in Sunday School
- Stops by to visit parents and offers to help
- Starts buying parents really expensive gifts
- File insurance claim
- Learn retirement plans
- Shall I go on? I love dreaming!